



Volunteer and make a difference!

Easterseals Southern California has been providing important, life-changing services for individuals with disabilities that promote independence, self-determination and inclusion in all aspects of community life. More than 13,000 individuals and families count on us each year for services that help them learn, live, work and play in a community that values their contributions. Together, we can change the way the world defines and views disabilities by making profound, positive differences in people's lives every day!

VOLUNTEER OPPORTUNITIES

Registration

- Work with staff on registering day-of participants/walkers.
- Checking in pre-registered participants.

Swag Bag Distribution

- Work with staff on distributing Swag Bags to each registered participant.

Set-Up/Tear Down

- Assist staff in unloading and setting up all registration materials, signs, photo back-drops, first-aid supplies, banners, arranging Swag Bags for pick up.
- After the walk, assist staff in loading everything back into the truck and general tear-down and clean-up of the area.

Volunteer Check-in – Shift begins at 7:00am

- Work with staff and check-in all volunteers and provide them with their assignments and locations.
- Complete and distribute Community Service hour sheets to those that need them.
- Check-out volunteers and note on spreadsheet as needed.

Welcome/Greeter Teams

- Greet walkers near the parking lot and general area – guide them to the check-in and day of registration location.
- Direct guests to day of registration area and where to pick up Swag Bags. Shifts start at 7:00am.

Route Helpers

- Need volunteers to assist staff in placing and removing walk route signs.
- Greeting walkers along the path and cheering walkers along the way and stay on approved path.

Please plan on wearing a white T-Shirt the day of the event. Check in at the Volunteer Booth receive a complimentary Easterseals hat, a special volunteer badge/lanyard and your assignment for the day. Snack and water will be provided.

A SWAG BAG will be available as a thank you!



SATURDAY, OCTOBER 23, 2021

LOCATION: Shoreline Aquatic Park, Long Beach, CA 90802

****ALL VOLUNTEERS MUST HAVE THIS REGISTRATION FORM SUBMITTED PRIOR TO THE EVENT****

Please return signed registration form to Easterseals Southern California
Attn: Erin Peltier via email at StridesforDisability@essc.org. For questions or request for additional
volunteer registration forms please call 714-834-1111 ext. 5795.

VOLUNTEER REGISTRATION FORM

Thank you for volunteering to help! Please fill out the following information (please print clearly).

First Name: _____ **Last Name:** _____

Address: _____

City: _____ **State:** _____ **Zip Code:** _____

Home Phone: (____) _____ **Cell Phone:** (____) _____

Email Address: _____

Do you need Community Service credit? _____ (be sure to pick up your form after your shift)

Please check all that apply! (Please see *Volunteer Opportunity Description* for details)

Day of Event Volunteer (Please check one or more of the following areas of interest)

_____ *Set-Up* _____ *Registration* _____ *Walk Route* _____ *Welcome/Greeter*
_____ *Clean-Up/Tear-Down* _____ *Distribute Swag Bags*

** Event is from 7:30am to 10:30am. Detailed instructions will be emailed the week of the event**

Volunteering with a Group or Company? Please indicate name: _____

Name(s) of family/friends that are volunteering with you:

Each Volunteer needs to complete and sign this registration form.

COVID-19 SAFETY INFORMATION:

While participating in events held or sponsored by the Easterseals Southern California, ("ESSC"), consistent with CDC guidelines, participants are encouraged to practice hand hygiene, "social distancing" and wear face coverings to reduce the risks of exposure to COVID-19. Because COVID-19 is extremely contagious and is spread mainly from

person-to-person contact, ESSC has put in place preventative measures to reduce the spread of COVID-19. However, ESSC cannot guarantee that its participants, volunteers, partners, or others in attendance will not become infected with COVID-19.

In order to ensure that everyone who attends, including Easterseals program participants, volunteers and friends in the disability community, feels safe and celebrated, ESSC is requiring every attendee who is eligible be fully vaccinated.

In light of the ongoing spread of COVID-19, individuals who fall within any of the categories below should not engage in ESSC events and/or other face to face fundraising activities. By attending an ESSC event, you certify that you do not fall into any of the following categories below.

1. Individuals who currently or within the past fourteen (14) days have experienced any symptoms associated with COVID-19, which include fever, cough, and shortness of breath among [others](#);
2. Individuals who have traveled at any point in the past fourteen (14) days either internationally or to a community in the U.S. that has experienced or is experiencing sustained community spread of COVID-19; or
3. Individuals who believe that they may have been exposed to a confirmed or suspected case of COVID-19 or have been diagnosed with COVID-19 and are not yet cleared as non-contagious by state or local public health authorities or the health care team responsible for their treatment.

DUTY TO SELF-MONITOR:

Participants and volunteers agree to self-monitor for signs and symptoms of COVID-19 (symptoms typically include fever, cough, and shortness of breath) and, contact stridesfordisability@essc.org if he/she experiences symptoms of COVID-19 within 14 days after participating or volunteering with ESSC.

WAIVER - Assumption of Risk, Release and Permission

STRIDES FOR DISABILITY involves walking and running - an activity which may include risks such as, but not limited to, falls, interaction with other participants, and effects of weather, traffic, and conditions of the road. Although route maps, rest stops, refreshments and other assistance may be made available during this event, I am solely responsible for my own health and safety and understand that it is my responsibility to dress appropriately.

I represent that I am physically fit and able to attend or participate in this event. In consideration of being allowed to participate in this event, I hereby expressly assume all risks, including bodily and personal injury, death, property loss or other damages, of any kind arising in any way out of my attendance or participation in STRIDES FOR DISABILITY and related activities.

I hereby for myself, my heirs, executors and administrators, release, discharge and agree not to sue Easterseals Southern California, Mercury Events, James Event Productions, its affiliates, their respective officers, directors, volunteers, employees, sponsors, and agents from any and all liability, claims, demands, and causes of action whatsoever, arising out of my participation in or attendance at this event and related activities - whether resulting from negligence of any of the above or from any other cause.

I further agree that the organizers of this event may use, reuse, publish and republish my name and image as a participant in the event in photographs, video or other recordings.

I understand that the COVID-19 vaccine is a one part series for Johnson & Johnson and a two-part series for Pfizer and Moderna. I certify I am fully vaccinated per CDC guidelines and my vaccine was administered more than 14 days ago.

I have read, understand and agree to the terms of this agreement.

I am a volunteer

VOLUNTEER: _____

Signature _____ **Date** _____